

| | | | | | | CAA Menu | | | |
|------------------|--|------------------------|------------------------|---------------------------|---|---|---|---|---|
| Meal Type | Component | Minimum Serving | Minimum Serving | Minimum Serving | Monday | Tuesday | Wednesday | Thursday | Friday |
| | Age (years old) | 1 & 2 | 3 – 5 | 6 – 12 13 – 18 | 1/30 | 1/31 | 2/1 | 2/2 | 2/3 |
| | Age (years old) | 1 & 2 | 3 – 5 | 6 – 12 13 – 18 | Lentil Stew | Spaghetti w/ Veggie Crumbles | Veggie Crumble & Bean Chili | Veggie Crumble & Potato Burrito | Cheese Pizza |
| Lunch | Fluid Milk (8oz = 1 cup) | 4 oz. | 6 oz. | 8 oz. | Fat free 2+years Whole Milk <2yrs Sensitivity: Soy Milk | Fat free 2+years Whole Milk <2yrs Sensitivity: Soy Milk | Fat free 2+years Whole Milk <2yrs Sensitivity: Soy Milk | Fat free 2+years Whole Milk <2yrs Sensitivity: Soy Milk | Fat free 2+years Whole Milk <2yrs Sensitivity: Soy Milk |
| | Grains (WG-whole) - bread products - pasta/noodles | 1/2 slice 1/2 oz eq | 1/2 slice 1/2 oz eq | 1 slice 1 oz eq | WG Pita Bread | WG Spaghetti | WG Cornbread | WG Tortilla | WG Pizza Crust |
| | Meat or Meat alternate | 1 oz. | 1 1/2 oz. | 2 oz. | Lentils, Potatoes & Meatless Chicken | Veggie Crumbles | Veggie Crumbles | Veggie Crumbles, Potatoes & Cheese | Cheese |
| | Vegetable | 1/8 cup | 1/4 cup | 1/2 cup | Sweet Peas | Tossed Salad | Mixed Vegetables | Green Beans | Corn |
| | Fruit | 1/8 cup | 1/4 cup | 1/4 cup | Mixed Fruit | Mandarins | Applesauce | Pineapples | Banana |
| | Food Substitutions due to Sensitivity or Allergy: | | | | | | | Dairy Free Veggie Crumble & Potato Burrito | Meatless Chicken Nuggets & WG Bread |

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